

Breast Augmentation

If You're Considering Breast Augmentation...

Breast augmentation, technically known as augmentation mammoplasty, is a surgical procedure to enhance the size and shape of a woman's breast for a number of reasons:

- To enhance the body contour of a woman who, for personal reasons, feels her breast size is too small.
- To restore breast volume lost due to weight loss or following pregnancy
- To achieve better symmetry when breasts are moderately disproportionate in size and shape
- To improve the shape of breasts that are sagging or have lost firmness, often used with a breast lift procedure
- To provide the foundation of a breast contour when a breast has been removed or disfigured by surgery to treat breast cancer
- To improve breast appearance or create the appearance of a breast that is missing or disfigured due to trauma, heredity, or congenital abnormalities

By inserting an implant behind each breast, surgeons are able to increase a woman's bustline by one or more bra cup sizes. If you're considering breast augmentation, this will give you a basic understanding of the procedure—when it can help, how it's performed, and what results you can expect. It can't answer all of your questions, since a lot depends on your individual circumstances. Please ask your surgeon if there is anything you don't understand about the procedure.

The Best Candidates For Breast Augmentation

Breast augmentation can enhance your appearance and your self-confidence, but it won't necessarily change your looks to match your ideal, or cause other people to treat you differently. Before you decide to have surgery, think carefully about your expectations and discuss them with your surgeon.

The best candidates for breast augmentation are women who are looking for improvement, not perfection, in the way they look. If you're physically healthy and realistic in your expectations, you may be a good candidate.